

Building a Successful Foundation

Supervision time consists of an organized weekly hour (depending upon the requirements of your program) in which you, as the student, have the autonomy to determine the direction that you would like to take. We cover the cases that you need the most insight into, as we can not cover all the cases that you will have. You get to determine how you would like to; converse, to meet your needs, the needs of your clients, case conceptualization, and what it is that you would like to achieve to meet your goals.

Supervision also consists of a weekly reflective practice for you to monitor yourself, your progress, what is happening within session and/or what is happening for you in broader terms and what is happening on a weekly basis to be able to track change. The goal is for you, the student to be able to recognize resilience as a skill you can learn and build on, and to pay attention to both mind and body and to gain self-supervision skills to move forward.

As I work under the umbrella of Marriage and Family Therapy, I will provide for you a package of the different modalities that are encompassed under this umbrella. This will provide you with the knowledge base that you need so that you can self-monitor what you use, what you would like to expand on, what you would like to try and what you would like to further learn.

There is a charge for supervision on a per session basis. The charge is currently \$150.00 inclusive of HST. The charge is to cover the liability and responsibility of the supervisor, as well as to cover costs associated with the agency. The benefits are that you get to organize the time and the information that you will need to succeed, and as well to accumulate the hours that you will need not only to graduate, but to attain CRPO registration, work towards membership in the OACCPP, or CCPA, AAMFT/OAMFT or RSW.

Many students come with concerns over whether they will be able to attain the hours needed to complete their program. We have found through many years of having students that they attain far above the minimum face to face hours needed by their completion date. Because we are an agency you have the ability not only to sit in with several different therapists, but also to gain knowledge and work along side a therapist, or several therapists of choice to plan a group or activity and you can attain hours at 2 locations (if you choose to be located at both).

We ask that you provide a promotion page that we attach to the website and place around the buildings for your promotion of free counselling service. We give you the keys to the offices (first come first served basis for office space) and you get the ability to plan and organize your schedule to suit your needs and the needs of your clients. After a duration of around two weeks (each student is different depending upon background and experience) of sitting in with me, you can begin to book in your own clients. If you are a self starter and like to work autonomously then this is a great opportunity for you.